

# hey teens!

Are you using the right cosmetics?

How is the quality of your skin?

Does your hairstyle flatter your face and body type?

Do you have a good self-image?

Get the answers to these questions, and a lot more, at LifeShops, an exciting one-of-a-kind program for pre-teen and teenage girls at Calista Grand Salon and Spa.

You'll get the right start — professional advice through weekly lessons in beauty, fashion and wellbeing. You'll be taught proper skin, nail, and hair care, your best make-up and clothing colors, and how to improve your self-confidence.

Please join us, on this wonderful adventure that will lay the foundation for a lifetime of success. Call today for more information or to register for the next four-week program! [610-399-6677](tel:610-399-6677)



*Before and After's from one of our LifeShops workshops:*



## LifeShops Haiku contest winners:

*Some polish it up,  
everyone has it;  
Find it,  
Startling Beauty!*

Stephanie Helmig  
First Place  
Fugett

*What is Beauty?  
Self-esteem shines through  
Carry your head high with pride  
Be not nobody!*

Alyssa Laurie  
Second Place  
Fugett