



Apply Avance's Essence of Algae to exfoliate and nourish legs and feet daily after your shower. – Anne Marie F.

Clean your makeup brushes at least once a month. Use a mild cleanser like **Aveda Shampure Shampoo** and warm water. Rinse thoroughly and lay flat to dry. – Colleen M.



Feel a blemish coming on? Spot treat with **Dermalogica's Special Clearing Booster** and watch it shrink away. – Kim S.



Tame unruly eye brows by spraying hairspray onto a brow comb or use hair pomade. Comb brows to get a finished look. – Jess B.



Apply blush slightly lower than your cheek bones to give an illusion of higher cheekbones. – Jess B.

Make sure to wear gloves when cleaning or gardening. – Veronica W.

Use **Opi's Foot File** twice a week in the shower to reduce calluses feet between monthly pedicures. – Anna M.

Apply **Creative Solar Oil** every day to your cuticles on hands and toes to keep dryness to a minimum. – Marie B.



Wear nail strengthener at all times to protect your nails from everyday use. **Nail Tek Strengthener** comes in three formulas. Choose the appropriate one for you. – Nail staff

For a natural everyday makeup look, apply foundation concealer under eyes, on blemishes and any areas of discoloration. Curl lashes and apply mascara. Then apply clear or natural colored lip gloss. – Gretchen M.

To open eye area up, lightly apply a white eye shadow to the center of the eyelid. – Erin A. and Marianne P.



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